

Fleet Feet Racing - Women's 4M Records

Updated: May 2011

OVERALL TOP TEN

1	Lauren Weaver	21:29	Valentine Run 09
2	Elissa Briggs	23:51	Valentine Run 11
3	Jennifer Kent	23:53	Valentine Run 06
4	Stacey Worthen	24:22	Valentine Run 06
5	Janine Marelo	24:36	Valentine Run 06
6	Jodie Leal	24:39	Valentine Run 10
7	Jaymee Marty	24:58	Valentine Run 08
8	Erin Devlin	25:19	Valentine Run 09
9	Emily Mah-Nakanishi	25:24	Valentine Run 09
10	Angela Ritchie	25:47	Valentine Run 10

19 AND UNDER TOP TEN

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20-24 TOP TEN

1	Lauren Weaver	21:29	Valentine Run 09
2	Jodie Leal	24:39	Valentine Run 10
3	Erin Devlin	25:19	Valentine Run 09
4	Wendy Daugherty	28:58	Valentine Run 10
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25-29 TOP TEN

1	Elissa Briggs	23:51	Valentine Run 11
2	Emily Mah-Nakanishi	25:24	Valentine Run 09
3	Berklee Akutagawa	26:06	Valentine Run 07
4	Meredith Wurden	26:56	Valentine Run 10
5	Kristen Ilharreguy	27:00	Valentine Run 11

6	Kati O'Sullivan	27:06	Valentine Run 11
7	Allison Henderson	27:43	Valentine Run 11
8	Lisa Woodward	28:33	Valentine Run 10
9	Erika Genato	28:33	Valentine Run 10
10	Erin Velo	29:11	Valentine Run 09

30-34 TOP TEN

1	Jennifer Kent	23:53	Valentine Run 06
2	Stacey Worthen	24:22	Valentine Run 06
3	Janine Marelo	24:36	Valentine Run 06
4	Berklee Akutagawa	26:19	Valentine Run 09
5	Casey Clay	26:49	Valentine Run 10
6	Carrie Mangiapane	27:11	Valentine Run 07
7	Melissa Scott	27:27	Valentine Run 07
8	Katie Pinegar	27:32	Valentine Run 08
9	Sheri Kidwell	27:32	Valentine Run 07
10	Jenny Swift	27:53	Valentine Run 07

35-39 TOP TEN

1	Stacey Worthen	24:22	Valentine Run 10
2	Janine Marelo	24:46	Valentine Run 10
3	Jaymee Marty	25:19	Valentine Run 07
4	Jennifer Kent	25:46	Valentine Run 11
5	Angela Ritchie	26:17	Valentine Run 09
6	Gina Dayton	26:57	Valentine Run 07
7	Makiko Yamashita	27:43	Valentine Run 11
8	Jennifer Panson	29:08	Valentine Run 08
9	Jennifer Snyder	29:40	Valentine Run 06
10	Tina Moore	31:16	Valentine Run 11

40-44 TOP TEN

1	Jaymee Marty	24:58	Valentine Run 08
2	Angela Ritchie	25:47	Valentine Run 10
3	Christine Mellick	26:06	Valentine Run 11
4	Maria Glickman	26:38	Valentine Run 06
5	Cherie Smith	26:48	Valentine Run 11
6	Lisa Balestrini	26:57	Valentine Run 06
7	Leilani Dunmoyer	27:21	Valentine Run 07
8	Lori Wray	27:27	Valentine Run 07
9	Kathleen Poe	27:27	Valentine Run 09
10	Chris Fraser	28:29	Valentine Run 07

45-49 TOP TEN

1	Christina Applegate	27:28	Valentine Run 11
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2	Heidi Witter	28:54	Valentine Run 10
3	Cynthia Bosco	28:57	Valentine Run 11
4	Deborah Meltvedt	29:23	Valentine Run 06
5	Leilani Dunmoyer	29:44	Valentine Run 11
6	Jane Inouye	29:46	Valentine Run 06
7	Maria Glickman	33:56	Valentine Run 11
8	Cathy Lombardo	34:24	Valentine Run 09
9	Diana Lucero-Wehner	34:51	Valentine Run 11
10	Lisa Wright	35:04	Valentine Run 10

50-54 TOP TEN

1	Karen Kunz	25:53	Valentine Run 06
2	Jane Inouye	31:27	Valentine Run 11
3	Rhoda Santamaria	31:34	Valentine Run 10
4	Tina Bowers	31:52	Valentine Run 07
5	Lynda Cassady	32:26	Valentine Run 08
6	Anne Marder	32:54	Valentine Run 11
7	Robin Hardy	33:00	Valentine Run 08
8	Cora Sturgess	33:54	Valentine Run 07
9	Racquel Smith	35:58	Valentine Run 06
10	Jeanette Turvill	36:24	Valentine Run 06

55 - 59 TOP TEN

1	Rhoda Santamaria	32:17	Valentine Run 11
2	Robin Hardy	32:19	Valentine Run 09
3	Yvonne Nickel	32:19	Valentine Run 06
4	Valerie Nera	42:11	Valentine Run 08
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60 - 64 TOP TEN

1	Yvonne Nickel	33:50	Valentine Run 11
2	Barbara Colton	34:32	Valentine Run 09
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65 - 69 TOP TEN

1	Barbara Colton	33:33	Valentine Run 10
2	Rusty Barnett	34:29	Valentine Run 07
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