

Fleet Feet Racing - Women's 10K Records

Updated: jan 2012

OVERALL TOP TEN

1	Rae Stiger	38:00:00	Folsom Run with Nature
2	Megan Canova	38:28:00	Run To Feed The Hungry 05
3	Elissa Briggs	38:28:00	Zoo Zoom 09
4	Juliet Wahleithner	38:42:00	Marin Memorial 05
5	Janine Marello	38:45:00	Run to Feed the Hungry 11
6	Karen Jeffers	38:48:00	Run to Feed the Hungry 04
7	Tina Beal	39:15:00	Folsom Run with Nature 03
8	Stacey Worthen	39:26:00	Nutrition Fuels Fitness 09
9	Jaymee Marty	39:28:00	Paso Robles 07
10	Cindy Holcomb	39:38:00	Marin Memorial 05

19 AND UNDER TOP TEN

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20-24 TOP TEN

1	Elissa Briggs	39:22:00	Run to Feed the Hungry 08
2	Erin Devlin	40:36:00	Nutrition Fuels Fitness 09
3	Cecelia Chagoya	46:08:00	Mercury News 05
4	Caitlin Morgan	46:54:00	Nutrition Fuels Fitness 10
5	Sarah Soares	48:41:00	Davis Stampede 03
6	Sarah Nelson	52:09:00	Run to Feed the Hungry 04
7	Julia Himovitz	1:01:09	Run Against Pain 03
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25-29 TOP TEN

1	Megan Canova	38:28:00	Run To Feed The Hungry 05
2	Elissa Briggs	38:28:00	Zoo Zoom 09
3	Juliet Wahleithner	38:42:00	Marin Memorial 05
4	Emily Mah-Nakanishi	40:04:00	Nutrition Fuels Fitness 09
5	Berklee Akutagawa	41:38:00	Run to Feed the Hungry 06

6	Jenny Spoon	42:31:00	Run for Unity 03
7	Teresa Mattes	43:10:00	Elk Grove Classic 04
8	Sarah Soares	43:43:00	Run to Feed the Hungry 03
9	Jenny Swift	44:15:00	Run Against Pain
10	Staci Robinson	44:26:00	Run to Feed the Hungry 05

30-34 TOP TEN

1	Cindy Holcomb	39:38:00	Marin Memorial 05
2	Jennifer Kent	39:48:00	Zoo Zoom 05
3	Janine Marelo	39:52:00	Davis Stampede 06
4	Stacey Worthen	40:31:00	Marin Memorial 07
5	Sheri Kidwell	40:47:00	Marin Memorial 07
6	Elinor Yee	41:10:00	Run to Feed the Hungry 05
7	Teresa Mattes	41:12:00	Zoo Zoom 06
8	Berklee Akutagawa	42:18:00	Nutrition Fuels Fitness 10
9	Erin Brightwell	43:09:00	Marin Memorial 05
10	Catherine Pinegar	43:17:00	Nutrition Fuels Fitness 08

35-39 TOP TEN

1	Rae Stiger	38:00:00	Folsom Run with Nature
2	Janine Marelo	38:45:00	Run to Feed the Hungry 11
3	Stacey Worthen	39:26:00	Nutrition Fuels Fitness 09
4	Sheri Kidwell	40:07:00	Chico Summer Sizzler 10
5	Jaymee Marty	40:23:00	Run To Feed The Hungry 06
6	Diane Fitzpatrick	40:26:00	HP Up and Running 04
7	Lori Wray	40:41:00	Davis Stampede
8	Monique Hawn	41:38:00	Run to Feed the Hungry 03
9	Maria Vierra	42:00:00	Run to Feed the Hungry 03
10	Angela Ritchie	42:34:00	Nutrition Fuels Fitness 09

40-44 TOP TEN

1	Karen Jeffers	38:48:00	Run to Feed the Hungry 04
2	Tina Beal	39:15:00	Folsom Run with Nature 03
3	Jaymee Marty	39:28:00	Paso Robles 07
4	Angela Ritchie	40:19:00	Nutrition Fuels Fitness 10
5	Theresa Brown	40:41:00	Davis Stampede 04
6	Christine Mellick	41:19:00	Run to Feed the Hungry 11
7	Lori Wray	41:50:00	Marin Memorial 05
8	Jeanette Powless	42:02:00	Run to Feed the Hungry 05
9	Kim Kimber	42:06:00	HP Up & Running 05
10	Grace Twedt	42:49:00	Davis Stampede 04

45-49 TOP TEN

1	Tina Beal	40:50:00	Zoo Zoom 05
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2	Theresa Brown	42:40:00	HP Up & Running 05
3	Christina Applegate	43:44:00	Davis Moonlight Races
4	Heidi Witter	44:44:00	Zoo Zoom 10
5	Debbie Zakerski	45:02:00	Paso Robles 07
6	Cynthia Bosco	45:24:00	Run to Feed the Hungry 11
7	Deborah Meltvedt	45:52:00	Run to Feed the Hungry 04
8	Ramona Scholz	46:44:00	Paso Robles 07
9	Jane Inouye	47:46:00	Nutrition Fuels Fitness 09
10	Odette Dunn	49:01:00	Zoo Zoom 07

50-54 TOP TEN

1	Karen Kunz	40:55:00	Marin Memorial 06
2	Wendy Sones Leon	46:55:00	Nutrition Fuels Fitness 11
3	Tina Bowers	48:23:00	Zoo Zoom 07
4	Cora Sturgess	50:04:00	HP Up and Running 04
5	Yvonne Nickel	50:09:00	Run to Feed The Hungry 04
6	Rhoda Santamaria	50:20:00	Nutrition Fuels Fitness 10
7	Lynda Cassady	50:27:00	Davis Stampede 05
8	Anne Marder	53:08:00	Run to Feed the Hungry 11
9	Sherri Rowland	53:40:00	Davis Stampede
10	Raquel Smith	57:26:00	Run Against Pain 04

55-59 TOP TEN

1	Deborah Kanner	48:18:00	Run to Feed the Hungry 09
2	Yvonne Nickel	49:01:00	Davis Stampede 05
3	Robin Hardy	49:46:00	Run to Feed the Hungry 09
4	Rhoda Santamaria	49:51	Run to Feed the Hungry 10
5	Lynda Cassady	53:06	Run to Feed the Hungry 10
6	Valerie Nera	68:16:00	Run to Feed 07
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60-64 TOP TEN

1	Yvonne Nickel	52:31:00	Zoo Zoom 10
2	Barbara Colton	52:52:00	Run to Feed 07
3	Rusty Barnett	54:45:00	Zoo Zoom 05
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65-69 TOP TEN

1	Rusty Barnett	59:35:00	Zoo Zoom 10
2	Barbara Colton	60:38:00	Nutrition Fuels Fitness 11
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