

Fleet Feet Racing - Men's 5K Records

Updated: Jan 2012

OVERALL TOP TEN

1	Austin Weaver	14:59	Run to Feed the Hungry 09
2	Michael Styczynski	15:13	Banana Chase 06
3	Mason Moore	15:30	Zippys 06
4	Steve Schenck	15:31	Zippy 08
5	Chad Worthen	15:50	Race for the Arts 07
5	Jeff Adkins	15:54	Banana Chase 06
7	Ryan Nickel	15:57	Zippys 05
7	Jake Gilchrist	15:58	St. Patrick's 5K 05
9	Juan Vazquez	16:01	Shamrock'n 06
10	Jeff Oberlatz	16:05	Run to Feed the Hungry 04

20-24 TOP TEN

1	Michael Styczynski	15:13	Banana Chase 06
2	Juan Vazquez	16:01	Shamrock'n 06
3	Thomas Buxton	16:06	Race for the Arts 11
4	Steven Schenck	16:11	Run to Feed 07
5	Matthew Katz	17:15	Race for the Arts 11
6	Justin Lakin	17:18	Clarksburg 5K 04
7	Ryan Hoffman	17:44	Race for the Arts 03
8	Jonathon Mead	24:16	Zoo Zoom 09
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25-29 TOP TEN

1	Austin Weaver	14:59	Run to Feed the Hungry 09
2	Mason Moore	15:30	Zippys 06
3	Steve Schenck	15:31	Zippy 08
4	Ryan Nickel	15:57	Zippys 05
5	Jake Gilchrist	15:58	St. Patrick's 5K 05
6	Phillip Jenkins	16:36	No Excuses 09
7	Jon Brickner	16:41	Davis Stampede 04
8	Roheem Moore	16:41	Zoo Zoom 08
9	Brian Benestad	16:42	Race for the Arts 11
10	Rich Landrum	17:18	AmSA Heartbeat 5K 03

30-34 TOP TEN

1	Chad Worthen	15:50	Race for the Arts 07
2	Jake Gilchrist	15:59	Jamba Juice 05
3	Jeff Oberlatz	16:05	Run to Feed the Hungry 04
4	Jason Tackett	16:15	Zippys 05
5	Ryan Nickel	16:21	Shamrock'n 07

6	Mason Moore	16:25	Nutrition Fuels Fitness 09
7	Jason Harne	16:29	Alzheimers Memorial Run 09
8	Jon Brickner	17:00	Davis Turkey Trot 08
9	Jim Alves	17:04	Race for the Arts 10
10	Phillip Jenkins	17:09	Zoo Zoom 11

35-39 TOP TEN

1	Chad Worthen	15:58	Zoo Zoom 09
2	Mike Gottardi	16:14	Run to Feed the Hungry 06
3	Jeff Oberlatz	16:41	Zoo Zoom 06
4	Jason Harne	16:43	Race for the Arts 11
5	Todd Dooley	17:08	No Excuses 10
6	Michael Shubert	17:13	Race for the Arts 10
7	Matt Bachman	17:22	Zoo Zoom 09
8	Eric Nichol	17:23	Friday Night 5K 03
9	Eric Berntsen	17:42	St. Patrick's 5K 05
10	David Andersen	17:47	Zoo Zoom 11

40-44 TOP TEN

1	Jeff Mann	16:14	Jamba Juice 5K 05
2	Michael Fadling	16:39	No Excuses 10
3	Michael Shubert	17:13	Nutrition Fuels Fitness 11
4	Kurt Mellick	17:40	Run to Feed the Hungry 10
5	Bill Whipple	17:47	No Excuses 09
6	Jeff Oberlatz	17:47	Race for the Arts 11
7	Ed Gallagher	17:55	Friday Night 5K Series 03
8	Steve Kollars	18:18	Clarksburg 04
9	Rodney Dorsey	18:24	No Excuses 10
10	Jim Wachter	18:53	Run Against Pain

45-49 TOP TEN

1	Jeff Adkins	15:54	Banana Chase 06
2	Mike Houar	16:41	Run to Feed the Hungry 04
3	Roger Cross	16:55	Davis Labor Day Races 11
4	Steve Kollars	17:21	Run to Feed the Hungry 05
5	David White	17:24	Race for the Cure 04
6	Bobby Carpenter	17:41	On the Bay 04
7	Doug Thurston	18:05	Race for the Arts 08
8	Jerry Green	18:28	Race for the Cure 03
9	Michael LeVangie	18:34	Nutrition Fuels Fitness 10
10	Hank Beal	18:54	Friday Night 5K 03

50-54 TOP TEN

1	Mike Houar	17:06	Mozart Mile 5k 06
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2	Bobby Carpenter	17:31	Race for the Arts 06
3	Terry Baucom	17:54	No Excuses 09
4	Gary Camp	18:15	Run to Feed the Hungry 06
5	Randy Sturgeon	18:31	Run Against Pain 03
5	Rich Govi	18:43	Run Against Pain 04
7	David White	18:43	Race for the Arts 10
8	Steve Hall	19:06	Race for the Arts 03
9	Tim Williams	19:34	Zoo Zoom 04
10	Steve Colville	19:36	Zippy 5K 04

55-59 TOP TEN

1	Terry Baucom	17:54	Run to Feed the Hungry 11
2	Bobby Carpenter	18:11	Alzheimers Memorial Run 10
3	Gary Camp	18:34	No Excuses 10
4	Mike Houar	18:35	Bidwell Classic 11
5	Hal Tacker	19:51	No Excuses 10
6	Don Ford	20:51	No Excuses 08
7	Michael Walters	21:32	No Excuses 08
8	Bill Phillips	21:43	Shamrock'n 08
9	Mark Quillici	23:23	Nutrition Fuels Fitness 10
10	Bob Sturgess	22:25	Zoo Zoom 07

60-64 TOP TEN

1	Sal Vasquez	18:56	Spring Stride for the Children 03
2	Tim Jordan	20:06	Davis Stampede 04
3	Dan Alarid	20:23	Run to Feed the Hungry 03
4	Brian Smith	21:37	Zoo Zoom 10
5	Don Wilkison	22:13	Elk Grove Classic 03
6	Bill Phillips	23:36	Run to Feed the Hungry 09
7	Don Ford	24:03	Urban Cow 11
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65-69 TOP TEN

1	Don Wilkison	23:33	Run to Feed 07
2	David Ragsdale	23:59	No Excuses 5K 05
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70-74 TOP TEN

1	Irv Faria	22:00	Run To Feed The Hungry 04
2	Paul Flanagan	22:30	Great spear-it run 03
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75 - 79 TOP TEN

1	Irv Faria	24:19	Clarksburg 06
2	Paul Flanagan	1:08	Portland Starlight Run 07
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